

Massages like a Seventh Heaven...

Classic Full-Body Massage **50 min.** € 43

Tension in the muscles is relieved, muscle regeneration is accelerated, blood circulation improves, build-up of waste products is inhibited, resulting in deep relaxation.

Back Massage/Partial Massage **25 min.** € 24

Ideal for tension in the neck and shoulder area, in the back, as well as for overly tired legs. In a relatively short time, individual body parts are treated and relaxed.

Foot Reflexology Massage **25 min.** € 24

The inner organs are essentially mirrored in the feet. During this massage, the various reflexology zones on the soles and back of the feet are massaged, thus stimulating the organs to which they are related. During foot reflexology treatments, the masseur primarily works by applying pressure from the thumb.

Combo Massage **50 min.** € 43

An ideal combination of a back and reflexology massage. Tension in the back is relieved, followed by activation and harmonisation of the entire body.

Head Massage **25 min.** € 24

Allow your soul to soar as free as a bird. An opportunity to experience total relaxation and enjoy your vacation days from a fresh new perspective.

Back & Negative-Pressure Head Massage **25 min.** € 26

The negative-pressure head massage promotes greater blood circulation throughout the treated area, enhancing metabolic processes and nutrient supply to tissue. In combination with a back massage, this is an ideal treatment for tension.

Hotel Pension GELL - The Gell family. A - 5563 Tweng bei Obertauern Nr. 18. Tel.: +43(0)6471 204, Fax: 2044.
E-Mail: info@gell.at www.gell.at